

LENTEN MISSION

We have reflected on those who remained with Jesus on his journey to the cross, in particular his mother Mary and John, the beloved disciple.

Place a crucifix in your sacred space as a reminder that we will each, in turn, have our own crosses to bear.

Spend some time pondering the suffering in your own life and those close to you.

Know you are never alone.

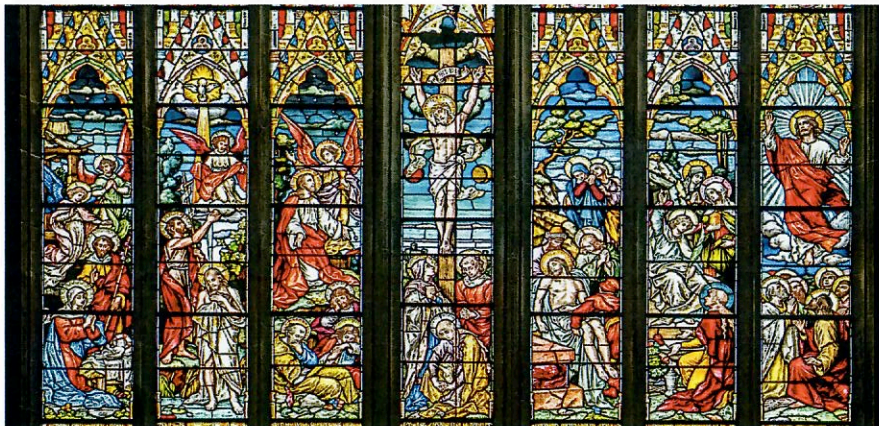
God is with you always, especially in your darkest hour.

Call on Him in your time of need.

He is faithful to his promise – he will never leave you.

Just as Jesus conquered death on the cross be assured that through his Love you will conquer the crosses that you bear.

On Good Friday take time in your home to reflect on the Stations of the Cross and to venerate the Cross.



Walking with Jesus along the Via Dolorosa

LENTEN REFLECTIONS WEEK 5

“Blessed are those who mourn, for they will be comforted”
Much energy is expended on fleeing from situations of suffering in the belief that reality can be concealed. But the cross can never be absent.

A person who sees things as they truly are and sympathises with pain and sorrow is capable of touching life’s depths and finding authentic happiness. He or she is consoled, not by the world but by Jesus. Such persons are unafraid to share in the suffering of others; they do not flee from painful situations.

They discover the meaning of life by coming to the aid of those who suffer, understanding their anguish, and bringing relief. They sense that the other is the flesh of our flesh, and are not afraid to draw near, even to touch their wounds. They feel compassion for others in such a way that all distance vanishes. In this way they can embrace Saint Paul’s exhortation: “Weep with those who weep” (Rom 12:15)

Gaudete et Exsultate(75-76)