

## L E N T E N   M I S S I O N

We have reflected on how Simon of Cyrene helped Jesus carry his cross.

This week we invite you to bring before the Lord those who are suffering in mind, body, or spirit. Resolve to offer whatever support you can give to lighten the load of those who have heavy crosses to bear. Write their names on a piece of paper or place a photograph of them in your sacred space.

As you take time in daily prayer, bring those for whom you pray into the presence of the Lord and pray for the strength to be as Christ for one another.



Gospel Passage from The Jerusalem Bible  
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## *Walking with Jesus along the Via Dolorosa*

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A Christian cannot think of his or her mission on earth without seeing it as a path of holiness, for “this is the will of God, your sanctification” Each saint is a mission, planned by the Father to reflect and embody, at a specific moment in history, a certain aspect of the Gospel.

*GAUDETE ET EXSULTATE (9)*